

Divisions of Endocrinology,
Metabolism and Osteoporosis
Department of Medicine
University of California, San Francisco
School of Medicine



University of California
San Francisco

DIABETES UPDATE AND ADVANCES IN ENDOCRINOLOGY AND METABOLISM

THURSDAY-SATURDAY

March 15-17, 2012



Hilton San Francisco
Financial District
San Francisco,
California

COURSE CHAIR

Umesh Masharani, MB, BS, MRCP

Professor of Medicine;
Associate Director, UCSF Diabetes Clinic

“UCSF’s CME courses are second to none. Lecturers are cutting-edge, articulate and clearly know how to be helpful to us in the community.”

– Dennis Green, MD

DIABETES UPDATE AND ADVANCES IN ENDOCRINOLOGY AND METABOLISM

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The Diabetes Update section on Thursday focuses on new ideas and therapies relevant to patients with Type 1 and Type 2 Diabetes. Discussion will also include aspects in the prevention of the disorders. Advances in Endocrinology and Metabolism on Friday and Saturday will provide the clinician with updated, pragmatic information about the management of common endocrinologic and metabolic problems, as well as insight into important current areas in clinical research. Formal presentations will be accompanied by question and answer periods with general discussion. Clinical cases will focus on common endocrine problems encountered in clinical practice.

This course is intended for general internists, family physicians, general practitioners, surgeons, nurses and other allied health professionals.

ACCREDITATION

Physicians

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

UCSF designates this live activity for a maximum of **18.25 AMA PRA Category 1 Credit(s)[™]**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

Family Physicians

Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**

Geriatric Medicine

The approved credits shown above include **6.50** credits toward meeting the requirement under California Assembly Bill 1820, Geriatric Medicine.

Registered Dietitians

The Commission on Dietetic Registration accepts as continuing professional education those courses that meet the standard of relevance to Dietetic practice and have been approved for **AMA PRA Category 1 Credit[™]**.

Note: RD's/DTR's are responsible for reporting their own attendance to the Commission on Dietetic Registration. The CDR reporting form is available online at <http://cdrnet.org/pdrcenter/>

Nursing

For the purpose of recertification, the American Nurses Credentialing Center accepts **AMA PRA Category 1 Credit[™]** issued by organizations accredited by the ACCME.

Physician Assistants

AAPA accepts category 1 credit from AOACCME, Prescribed Credit from AAFP, and **AMA Category 1 Credit[™]** for the PRA for organizations accredited by the ACCME.

Pharmacy The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for **AMA PRA Category 1 Credit[™]**.

EDUCATIONAL OBJECTIVES

DIABETES UPDATE

At the completion of this program, participants will gain new skills and strategies to:

- Use new drugs in the management of Type 2 diabetes;
- Manage diabetes in the hospital setting;
- Initiate and optimize insulin therapy in the clinic (with a focus on Type 2 diabetes);
- Describe the use insulin pumps and continuous glucose monitoring systems in people with diabetes;
- Advise patients about the clinical trials attempting to arrest the autoimmune process in Type 1 diabetes;
- Improve competency in the management of other types of diabetes such as that occurring in patients on antipsychotics, iron overload syndrome, etc.

ADVANCES IN ENDOCRINOLOGY

At the completion of this program, course participants will gain new skills and strategies to:

- Assess elevated calcium and/or PTH levels and treat associated disorders;
- Manage osteomalacia;
- Discuss with the patient the risks and benefits of biphosphonate therapy especially with regard to atypical fractures, osteonecrosis of the jaw, and the need for a drug holiday;
- Evaluate and manage an incidentally discovered adrenal adenoma;
- Manage medullary thyroid cancer;
- Manage bone loss associated with bariatric surgery;
- Assess patients for mineralocorticoid hypertension;
- Assess cardiovascular risk in patients with varying levels of HDL cholesterol;
- Screen for and treat thyroid disorders in pregnancy.

DIABETES UPDATE AND ADVANCES IN ENDOCRINOLOGY

March 15-17, 2012

THURSDAY, MARCH 15, 2012

DIABETES UPDATE

7:30 am		<i>Registration and Continental Breakfast</i>	
8:00	G	Hospital Diabetes – Targets and Management	Robert J. Rushakoff, MD, MS
8:55	G	Current and Future Drugs for Type 2 Diabetes	Mickie Cheng, MD and Daniele Rottkamp, MD
9:50		<i>Break</i>	
10:10	G	Initiating and Optimizing Outpatient Insulin Therapy	Sarah Kim, MD
11:05		Clinical Trials in Type 1 Diabetes	Stephen E. Gitelman, MD
12:00 pm		<i>Lunch (On Your Own)</i>	
1:15	G	Clinical Cases: My Patient is Already on Metformin – Now What?	Pooja Sherchan, MD and Martha S. Nolte Kennedy, MD
2:10		Insulin Pumps and Continuous Glucose Monitoring Systems – An Update	Umesh Masharani, MB, BS, MRCP
3:05		<i>Break</i>	
3:25	G	Atypical Antipsychotics and other Types of Diabetes: Management Issues	Michael S. German, MD, PhD
4:20		Update on the Metabolic Syndrome	Suneil Koliwad, MD, PhD
5:15 pm		<i>Adjourn</i>	

FRIDAY, MARCH 16, 2012

ADVANCES IN ENDOCRINOLOGY AND METABOLISM

7:30 am		<i>Registration and Continental Breakfast</i>	
8:00	G	Approach to an Elevated PTH – What Do You Do?	Dolores M. Shoback, MD
8:55	G	Osteoporosis – An Update on the Bisphosphonates	Edward Hsiao, MD, PhD
9:50		<i>Break</i>	
10:10	G	Osteomalacia	Daniel D. Bikle, MD, PhD
11:05	G	Management of the Incidental Adrenal Adenoma	J. Blake Tyrrell, MD
12:00 pm		<i>Lunch (On Your Own)</i>	
1:15		Periodic Paralysis and other Unusual Disorders of the Thyroid	Chienying Liu, MD
2:10		Medullary Thyroid Cancer	Jessica Gosnell, MD
3:05		<i>Break</i>	
3:25		Screening for and Management of Thyroid Disorders in Pregnancy	Kenneth A. Woeber, MD, FRCPE
4:20	G	Pituitary and Adrenal Cases	J. Blake Tyrrell, MD and Chienying Liu, MD
5:15 pm		<i>Adjourn</i>	

G Geriatric Credit

program

SATURDAY, MARCH 17, 2012

7:30 am	<i>Continental Breakfast</i>	
8:00	Fat Cell Physiology and Obesity	Charles Harris, MD, PhD
8:55	Obesity and Bone Health	Anne Schafer, MD
9:50	<i>Break</i>	
10:10	Mineralocorticoid Hypertension	Joan Chia-Mei Lo, MD
11:05	G HDL Cholesterol	John P. Kane, MD, PhD
12:00 pm	<i>Adjourn</i>	

G Geriatric Credit



GENERAL INFORMATION

Pre-registration is preferred to ensure that registrants receive a syllabus.

HOW TO ENROLL

Register by February 15, 2012 and receive the Early Bird Discount!

Full Course Fee: \$565 Physicians
\$425 Allied Health Professionals (AHP)

Session 1: Diabetes Update only –
\$280 Physicians / **\$265** (AHP)

Session 2: Advances in Endocrinology and Metabolism only –
\$385 Physicians / **\$270** (AHP)

After February 15, 2012:

Full Course Fee: \$615 Physicians
\$475 (AHP)

Session 1: Diabetes Update only
\$330 Physicians / **\$315** (AHP)

Session 2: Advances in Endocrinology and Metabolism only –
\$435 Physicians / **\$320** (AHP)

Registration fee includes course syllabus, continental breakfast and refreshments.

Payment can be made by American Express, Visa, MasterCard or check.

REGISTER VIA:

Online: www.cme.ucsf.edu

Mail: Complete course registration form and send with payment to:
UCSF Office of CME
P.O. Box 45368
San Francisco, CA
94145-0368

Fax: Fax completed registration form to: (415) 502-1795 (be sure to include your credit card number)

On-Site Registration: Generally we are able to accommodate on-site registration at our courses. Please call or refer to our website for course status.

Please check our website for up-to-date information on the course: www.cme.ucsf.edu

REFUND POLICY

Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date.

CONFERENCE LOCATION

The Hilton San Francisco Financial District is conveniently located between the famed North Beach area and Chinatown. It is within short walking distance to Union Square and the Embarcadero.

A block of guestrooms has been reserved at the special UCSF conference rate of **\$159.00**. You are urged to make your reservations early. The cut-off date is **February 15th, 2012**, or until the group room block is filled.

To make hotel reservations, please call 800-424-8292 and identify yourself as a member of this UCSF conference to receive the special rate. You can also reserve on-line by visiting our website at www.cme.ucsf.edu and clicking the reservation link in the Travel & Lodging section on the course webpage.

By staying at the host hotel, you help the University of California meet its contractual obligations and keep future registration fees reasonable. Please take this into consideration when making your accommodation decisions.

RENTAL CAR

Hertz is offering special rates for participants of this conference; simply call (800) 654-2240 and refer to convention number #03BW0131 or call your travel agent. You may also make reservations at www.Hertz.com.

AIR TRANSPORTATION

Special arrangements have been made with Montgomery Travel. Simply call (800) 391-2287 or complete the form on the UCSF web page at www.montgomerytravel.com. In addition to offering lower rates than published airfares, ticketed passengers may take advantage of the 24 hour emergency service. There is a \$40 service fee.

UCSF OCME has negotiated special fares with American and United Airlines for our course attendees. You may use the following tour codes to book on your own:

American (800) 433-1790 code: A9432BI
United (800) 521-4041 code: 510CF



0569
University of California,
San Francisco
Office of CME
UCSF Box 0742
San Francisco, CA
94143-0742

UPCOMING COURSES

**Osteoporosis 2012:
New Insights in
Research, Diagnosis
and Clinical Care**
July 26-27, 2012

♻️ Printed on
Recycled Paper

For more information
or to register online
visit our website at
www.cme.ucsf.edu.
You may also reach us
by calling the Office of
CME at (415) 476-4251
or emailing
info@ocme.ucsf.edu.

COURSE CHAIR

Umesh Masharani, MB, BS, MRCP
Professor of Medicine; Associate
Director, UCSF Diabetes Clinic

COURSE FACULTY

(University of California, San Francisco
School of Medicine unless otherwise noted)

Daniel D. Bikle, MD, PhD
Professor, Department of Medicine
and Dermatology

Mickie Cheng, MD
Assistant Adjunct Professor, Division
of Endocrinology and Metabolism,
Department of Medicine

Michael S. German, MD, PhD
Professor, Division of Endocrinology
and Metabolism, Department of
Medicine; Clinical Director and
Associate Director, UCSF Diabetes
Center; Justine K. Schreyer
Endowed Chair in Diabetes
Research

Stephen E. Gitelman, MD
Professor of Clinical Pediatrics;
Mary B. Olney MD/KAK Chair in
Pediatric Diabetes and Clinical
Research

Jessica Gosnell, MD
Assistant Professor, Department
of General Surgery

COURSE FACULTY (CONT'D)

Charles Harris, MD, PhD
Assistant Adjunct Professor, Division
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Department of Medicine

Edward Hsiao, MD, PhD
Assistant Professor, Division of
Endocrinology and Metabolism,
Department of Medicine

John P. Kane, MD, PhD
Director, Adult Lipid Clinic, Division
of Endocrinology and Metabolism,
Department of Medicine

Martha S. Nolte Kennedy, MD
Professor of Medicine; Director,
Diabetes Teaching Center

Sarah Kim, MD
Assistant Clinical Professor of
Medicine, San Francisco General
Hospital

Suneil Koliwad, MD, PhD
Assistant Professor of Medicine;
Gerold Grodsky, PhD/JAB Chair
in Diabetes Research

Chienying Liu, MD
Assistant Clinical Professor;
Endocrinology and Metabolism,
Department of Medicine

Joan Chia-Mei Lo, MD
Associate Clinical Professor of
Medicine, San Francisco General
Hospital

COURSE FACULTY (CONT'D)

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Medicine

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Professor of Medicine, Endocrine
Research Unit, University of
California, San Francisco;
San Francisco VA Medical Center

J. Blake Tyrrell, MD
Professor Emeritus;
Director, Endocrinology Clinic

Kenneth A. Woeber, MD, FRCPE
Harris M. Fishbon Professor of
Clinical Medicine

faculty

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MDM12E01

March 15-17, 2012

**Hilton San Francisco Financial District
San Francisco, California**

Mail to : UCSF Office of CME
P.O. Box 45368
San Francisco, CA 94145-0368
Fax: (415) 502-1795

Online registration: www.cme.ucsf.edu
Registration Information: (415) 476-5808
Course Information: (415) 476-4251

Dr. Mr. Mrs. Ms.

Last Name	First	M.I.
Degree		Specialty
Address		
City	State	Zip
Daytime Phone	Fax	
Email		

Address Label Code Letter (see address label: example, A, B, C, D, etc.) _____

Would you like to be on our priority email list? Yes No

Date of birth to be used as OCME registrant number: ____ / ____ / **XX**
Month Day

Please indicate if you have any special needs: _____

Please check session(s) attending:

Full Course – 18.25 hours

Before February 15th **\$565** Physicians **\$425*** Allied Health Professionals
After February 15th **\$615** Physicians **\$475*** Allied Health Professionals

Session 1 Only: Diabetes Update – 7.25 hours

Before February 15th **\$280** Physicians **\$265*** Allied Health Professionals
After February 15th **\$330** Physicians **\$315*** Allied Health Professionals

Session 2 Only: Advances in Endocrinology & Metabolism – 11.00 hours

Before February 15th **\$385** Physicians **\$270*** Allied Health Professionals
After February 15th **\$435** Physicians **\$320*** Allied Health Professionals

* Residents, fellows and interns are eligible for the AHP rate.

Check enclosed payable to *UC Regents*

Please charge my credit card: Visa MasterCard AmEx for \$ _____

Card #	Expiration date
Name on Card (Please Print)	Authorized Signature

Refund Policy: Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee. No refunds will be made on cancellations received after that date. Please check our website for up to date information on the course: www.cme.ucsf.edu.

**Hilton San Francisco
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800-424-8292
www.hilton.com/Financial-District-SF

